



## **CLINICAL - ESSENTIALS**

*Be sure to carefully read the information below!*

### **I. FINDING PLACEMENT**

It's **never** too early to start your search! Chat up your MDs/NPs you work with, especially those you have developed a professional relationship with as a seasoned RN. Ask fellow NPs or NP students who they precepted with. For Adult Gero I and II, you need to find a Primary Care Practice (i.e. Family Practice, Internal Medicine, or a Primary Care Clinic). You are not rounding in a hospital – you are not being trained to be a Hospitalist – you are in a Primary Care program. You precept with an MD or an NP.

Note: Do not assume that WP has a contract with every institution. If we do not, please know contracts can take months to be approved between the legal departments of WP and your site. Contact Dr. Iryna Surmachevskai, she handles all our contracts. Her email is: [surmachevskai@wpunj.edu](mailto:surmachevskai@wpunj.edu).

### **II. ACCEPTABLE PRIMARY CARE SITES**

*Let's be real here folks!* You are in a program that is training you in PRIMARY CARE, not aesthetics, not weight loss clinics, not ketamine or IV nutrition, etc. – those are all specialty services, some stand-alone and some added on to quasi-primary care services to drum up business. YOUR goal is to learn how to treat patients needing PRIMARY CARE services. These services focus on treating /identifying patients with DM, HTN, HLD, CAD, asthma, thyroid, IBS, bread and butter episodic issues: rashes, GU (UTI/STD), prostatitis, contraception, etc., and then general maintenance/screening exams for PRIMARY CARE patients. YOU are being trained and TESTED on these primary care essentials!

ACCEPTABLE: Primary Care/Family / Internal Medicine / Urgent Care that includes Primary Care (limit the Urgent Care though if it's mainly urgent care). Most URGENT CARES are just that, they don't manage patients for long-term, chronic conditions.

NONACCEPTABLE: Weight Loss Centers, IV Infusion centers, Occupational Health, Inpatient hospital, Aesthetics

SPECIALTY HOURS – We do allow 50 hours with a Cardiology, Pulmonary, Gastroenterology, etc. specialty practice – but not 170 hrs.

REMEMBER at the end of the day this is IT for your training. Unlike medical school or PA school, NP students do not have carved out /defined rotations in all the different areas (and for triple the # hours). That's just how it is, just how the NP training has evolved. So, YOU are really deciding the quality and depth/breadth of your training.

### **III. SECURING PLACEMENT**

Ok, the MD/NP says "Yes", and will precept you. The next thing you say is: "Who is the contact person at your office that I should contact to set this up?" Usually is it the Office Manager of the practice. Get their name/

email. Then email them with the specifics, start with something: "Dear Ms/Mr: \_\_\_\_\_ this is just a short email ahead of an official school agreement to confirm my placement with Dr. \_\_\_\_\_ or NP \_\_\_\_\_ who I spoke with \_\_\_\_\_ who has agreed to be my preceptor for the \_\_\_\_\_ Semester which runs: \_\_\_\_\_. The specifics of the course are as follows: (i.e. course name/#, #hours, Semester length). As a student, I have NP Student malpractice with \_\_\_\_\_. A formal letter of agreement will be sent from the University about a month or two before the course starts. In advance, I thank you and Dr./NP for agreeing to precept me. Please let me know if you need anything else at this point. Again, my sincere thanks for this opportunity!